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CSPS Chatterbox Week 10 Term 1 2021

[https://canterburysps.schoolzineplus.com/\\_file/media/1139/michael\\_carr\\_gregg\\_csps.pdf](https://canterburysps.schoolzineplus.com/_file/media/1139/michael_carr_gregg_csps.pdf)

## PRINCIPAL'S REPORT

### 'Building Happy Resilient Children'

'Young people may only be 17% of the population, but they are 100% of the future' - Michael Carr-Gregg.

CSPS is a proud member of the PEX hub of schools who are in partnership with the Australian Catholic University and who work together to deliver the highest quality support and supervision of teacher education students.

The PEX Hub has funded the cost of \$12 000 for a presentation to occur; believing this opportunity to be exactly what we need given the year we have had, and as a pre-cursor to our 4 year SIP (School Improvement Plan) being rolled out.

Staff at CSPS will be participating in a presentation via Zoom and we would like to extend this invitation to our community, at NO COST. Michael is one of Australia's highest profile psychologists.

The topic, 'Building Happy Resilient Children', will focus on child resilience, adolescent support and wellbeing, and practical strategies to support young people to push through adversity successfully in the world we currently live in.

This is an opportunity for our school community to access a very high-profile Australian speaker. The session will be 45 minutes long with a Q&A session of 15 minutes.

We hope you seriously consider taking up this opportunity. Please see the flyer attached.

WHEN: Tuesday 20 April, 2021

WHERE: ZOOM link will be provided

TIME: 7:00pm - 8:00pm

### Parent Teacher Interviews

Parent Teacher Interviews for 2021 were held on Monday 29 March. It was wonderful to see so many families connect with their child's teacher to discuss their academic progress. Staff reported that this was a successful evening and that the opportunity to speak with parents face to face was long overdue.

Thank you as always to our community and to the amazing staff.



### Variation to Staff Development

The last day of the school year for 2021 for staff will also be on the 16 December. Staff have nominated to participate in 2 twilight sessions in lieu of attending school on the last day.

Traditionally this has been the case. Our Director Educational Leadership Susan Shelley, has approved our application.

## School Improvement Plan (SIP)

### School Plan 2021-2024 and Annual School Report 2020

A copy of the School Plan 2021 - 2024 and the Annual School Report 2020 have been uploaded to the website and App.



Strategic Improvement Plan 2021-2024  
Canterbury South Public School 5109



"THINK OF OTHERS"



### 2020 Annual Report

Canterbury South Public School



## Easter Hat Parade

The Easter Hat Parade is tomorrow (Thursday 1 April). The students will need to design and make a hat and parade it with their class. We're not awarding prizes this year but every child will receive a small chocolate egg from the P&C.



I'd like to take the opportunity to wish you all a happy holiday and look forward to another exciting term of learning together.

For any security issues please contact School Security on 1300 880 021.

Students return Tuesday 20 April. Until next term....

Mrs D Frasca

Principal

## SCHOOL & COMMUNITY NEWS

### Vacation Care Access

This message is for those in our community who will be using the Team Kids service during the holidays.

Due to building works taking place in the holiday break, there will be **NO** access into or out of the school site via Napier Street – ALL access from France Street ONLY.

### Opportunity Class 2022

The application process for Year 5 opportunity class placement for entry in 2022 is about to begin.

Important dates in the application process are as follows:

Tuesday 20 April 2021: Online applications opens

Friday 7 May 2021: Online applications closes (Parents and carers must apply by the due date.)

Tuesday 11 May 2021: Principals' processing site opens

Friday 28 May 2021: Principals' processing site closes

Wednesday 21 July 2021: Opportunity Class Placement Test

Parents and carers must apply online between Tuesday 20 April and Friday 7 May 2021 at:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>

### Book Fair

The Book Fair was a great success. Students had various opportunities to purchase books and gifts throughout the week raising approximately \$600.00 for the school to purchase resources for the classrooms and Library.

### Lost Property

A reminder, the lost property tub (GREEN) is located near the buddy bench outside the Hall space located in Block F.

It is the responsibility of your children to check lost property for their belongings.

The lost property tub will be emptied on Thursday 1 April. Any unnamed items will be donated to the secondhand uniform store.

### Lowes - Damaged stock

Unfortunately Lowes has experienced a flood event in their warehouse which has resulted in damage or destruction of some uniform items.



At this stage they are still trying to determine which items have been affected and the possible impact it will have on the supply of stock in the coming months. Should CSPS stock be affected, we will advise in the newsletter early Term 2.

## FEES

An invoice detailing outstanding school fees and resources will be emailed to your nominated email address at the beginning of Term 2. Thank you to those families who have already paid their fees.

Don't forget, you can now pay online for amounts owing for students via a secure payments page hosted by Westpac. Payments can be made using either Visa or Mastercard.

If you require assistance in making these payments, please contact the office.

POP Payments can be made via the link below;

**Note:** Please ensure a signed permission note for all payments is sent in to the School office. No note no participation

## CANTEEN MENU

Canteen opening times: Monday to Friday 8.30am- 2.10pm.

Lunch orders/online ordering:

For your convenience lunch orders can be placed two ways. You can order in person at the canteen by writing a lunch bags (free, available on table outside canteen) and pay at the counter. Alternatively you are able to send orders with payment with your child to bring to the canteen.

OR

We have an online ordering system, Flexi Schools. You can then place orders at any time before 9.00am on the day the order is required for lunch. Any order placed after this time will not be recorded by the canteen.

Please see the Flexi Schools website [www.flexischools.com.au](http://www.flexischools.com.au) for further information.



**Made Fresh Canteen Menu**

**Gluten Free food is required please order before 9am**

| BREAKFAST                            | SANDWICHES   | WRAPS & ROLLS                                    |
|--------------------------------------|--|--|
| Plain milk \$1.00                    | Vegemite or jam or honey toast \$1.50  | Cheese & tomato \$3.50                           |
| Vegemite \$1.50                      | Lean ham & cheese \$3.50   | Lean ham & cheese \$4.00                         |
| Jam or honey toast \$1.50            | Fresh chicken \$4.50   | Lean ham, cheese & tomato \$5.00                 |
| Hot chocolate \$1.50                 | Tuna, lettuce & mayo \$4.50  | Tuna, lettuce & mayo \$5.00                      |
| Fresh cut veggie cup \$1.50          | Lean ham, cheese & tomato \$4.50   | Fresh chicken lettuce & mayo \$5.00              |
| Toasted cheese sub \$2.00            | Extra fillings 0.50c each: lettuce, tomato, cucumber, carrot, beetroot, olives, onion, capsicum \$4.50 | Salad (lettuce, tomato, carrot, cucumber) \$5.00 |
| Toasted cheese & lean ham sub \$2.50 | Extra fillings \$1.00 each: cheese, ham, chicken, egg, pineapple, avocado                              |  |
| Pancakes x2 with honey \$2.50        |  |  |
| Vanilla yoghurt (low fat) \$2.50     |  |  |

| HOT FOOD   | SALADS (All Salads served in 12oz Dome) | FRESH FRUIT & YOGHURT                             |
|--|---|---|
| Corn cob \$1.00                                    | Garden salad \$4.50                     | Whole fresh fruit each \$2.50                     |
| Garlic bread (small) \$1.00                        | Tuna salad \$5.00                       | Fresh cut veggie cup \$1.50                       |
| Garlic & cheese bread (small) \$1.50               | Cheese salad \$5.00                     | Fresh grapes cup (personal) \$2.00                |
| Fresh chicken wings x1 \$1.80                      | Lean ham salad \$5.00                   | Fresh cut watermelon cup \$2.00                   |
| Cheese pizza sub \$2.50                            | Caesar salad \$5.00                     | Fresh dried fruit cup \$2.50                      |
| Beef meatball sub with capersauce \$4.50           | Fresh chicken breast salad \$5.00       | Vanilla yoghurt (low fat) \$2.50                  |
| Chicken meatball sub with capersauce \$4.50        | Fresh chicken breast pasta salad \$5.00 | Yoghurt with fruit or muesli cup \$3.00           |
| Plain grilled chicken souvlaki on a roll \$4.50    | Fresh chicken avocado salad \$5.00      | Watermelon pieces in a bowl (12oz) \$4.00         |
| Plain grilled chicken souvlaki wrap \$5.00         | Greek salad \$5.00                      | Seasoned fresh fruit salad bowl (12oz) \$4.50     |
| Homemade pizza with cheese \$5.00                  | Fresh chicken Caesar salad \$5.00       | Fresh fruit salad with yoghurt bowl (12oz) \$5.00 |
| Homemade hawaiian pizza \$5.50                     |   |   |
| Beef lasagne (lean meat) \$5.50                    |   |   |
| Vegetarian lasagne \$5.50                          |   |   |
| Aussie lean beef burger lettuce/tomato \$5.50      |   |   |
| Chicken breast fillet burger lettuce & mayo \$5.50 |   |   |

| HOMEMADE MENU   | SNACKS & FROZEN TREATS                             | VEGGIE & OTHER SNACK PACKS                                    |
|---|--|---|
| AVAILABLE EVERY DAY \$5.00                                | Plain or frozen 99% juice small cup 50c            | Veggie cup with hummus \$2.50                                 |
| Australian, European, Asian & Mexican Meals \$5.00        | Plain or frozen 99% juice jelly small cup 80c      | Veggie dome (cucumber, carrot, tomatoes, bread sticks) \$4.00 |
| Pasta Bolognaise \$5.00                                   | Curry small cup \$1.00                             | Veggie dome with fresh chicken breast & bread sticks \$5.00   |
| Mac & cheese \$5.00                                       | Quench 99% fruit juice sticks \$1.00               |   |
| Chicken spaghetti/pasta \$5.00                            | Plain or frozen 99% juice cup \$1.00               |   |
| Pasta with beef meatballs \$5.00                          | Frozen plain milk cup \$1.00                       |   |
| Pasta with chicken meatballs \$5.00                       | Bread sticks x 4 \$1.00                            |   |
| Monday Veggie fried rice \$5.00                           | Plain or frozen 99% juice jelly cup \$1.30         |   |
| Tuesday Mexican chicken burrito sticks & rice \$5.00      | Frozen jelly cup \$1.30                            |   |
| Wednesday Turkish chicken stir fry & steamed rice \$5.00  | Frozen orange or mandarin wedges cup \$1.50        |   |
| Thursday Thai red curry chicken, vegetables & rice \$5.00 | Curry cup \$2.00                                   |   |
| Friday Chicken hot & cold \$5.00                          | Chocolate custard cup \$2.00                       |   |
| Gluten Free options available extra \$1.00                | Frozen hot milk ice (chocolate, strawberry) \$1.80 |   |
|   | Frozen nippy's 99% juice cup \$2.00                |   |
|   | Ice many freeze pops \$2.00                        |   |
|   | Frozen grapes cup \$2.00                           |   |
|   | Frozen watermelon cup \$2.00                       |   |

| CRUNCH N SIP PACKS                             | SUSHI                  |
|--|------------------------|
| Fresh piece of fruit & water 400ml \$2.50      | Tuna \$4.50            |
| Fresh orange/apple wedges & water 400ml \$3.00 | Veggie \$4.50          |
| Fresh cut veggie cup & water 400ml \$3.50      | Tonyaki chicken \$4.50 |
| Fresh dried fruit cup & water 400ml \$3.50     |                        |

**DAZZLING MEAL DEALS...**

If you buy a meal combo you would save up to \$1.00

| PACK 1                                     | CHEESE SANDWICH                            | PACK 2                                     | SALAD SANDWICH                             | PACK 3                                     | MEATBALL SUB                               | PACK 4                                     | PASTA BOLOGNAISE                           | PACK 5                                     | CHICKEN/CHEESE ROLL                        | PACK 6                                     | LASAGNE                                    |
|--|--|--|--|--|--|--|--|--|--|--|--|
| Water 400ml + frozen stick or fruit \$3.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 | Water 400ml + frozen stick or fruit \$4.50 |

**MILK - JUICES - DRINKS**

|                               |
|-------------------------------|
| Water 400ml \$1.80            |
| Water 600ml \$2.50            |
| IVIX 300ml (juice) \$2.50     |
| Proper 99% juice 250ml \$2.50 |
| UP & GO 250ml \$3.00          |
| Light milk 300ml \$3.50       |

**OCCASIONAL ITEMS AVAILABLE**

| HOT FOOD  | SHACKS & DRINKS                                    |
|---|--|
| Hash brown \$1.30                                 | Homemade cookies x1 (freshly made daily) 50c       |
| Chicken & corn roll \$1.80                        | Gummy bear x1 \$3.00                               |
| Potato gems x10 \$2.00                            | Popsicle \$1.00                                    |
| Potato wedges (bag 100g) \$2.50                   | Monster chicken noodle snacks \$3.30               |
| Nachos with salsa & cheese \$3.80                 | Monster bbq noodle snacks \$3.30                   |
| Noodles cup \$4.00                                | Rice sticks cheese \$2.00                          |
| Beef or chicken hot dog (sauce free sauce) \$4.00 | Jelly cup \$2.00                                   |
| Chicken nuggets (6 pieces) \$4.00                 | Apple & custard cup \$2.00                         |
| Chicken Goujons (14 pieces) \$4.00                | Homemade fresh muffins (freshly made daily) \$1.50 |
| Sausage roll (sauce free sauce) \$4.80            | Vanilla ice cream cup \$2.00                       |
| Wedge pie (sauce free sauce) \$5.50               | Doritos rice cracker 20g \$2.00                    |
| Chicken burger \$5.50                             | Grain waffles 22g \$2.50                           |
| Fillet-O-Fish burger with lettuce & mayo \$6.00   | Red rock diet chips 20g \$2.50                     |

**OUR FOOD IS MADE IN THE CANTEEN DAILY FROM FRESH INGREDIENTS**

## TEAMKIDS

**BEFORE + AFTER HOLIDAY CARE**



Enriching Children's Lives

[teamkids.com.au](http://teamkids.com.au) | 1300 035 000

**FIND OUT MORE**



