

CSPS CHATTERBOX

“THINK OF OTHERS”

Wednesday 13 December 2017, Term 4 - Week 10

Dates to Remember:

December

15 Last Day 2017

January

29 Staff Development Day

30 Year 1-6 students return

30-31 Kindergarten Best Start

February

1 Kindergarten students begin

Message from the Principal

As this will be the last newsletter for 2017, I would like to take this opportunity to thank the students, parents and especially staff at CSPS for their professionalism, hard work and commitment.

Goodbye and all the best to our Year 6 students as they move on to high school in 2018.

I would like to farewell Ms Avramidis who will not be returning in 2018. We wish her the very best in the future.

School finishes for the students on Friday 15 December. For any school security issues or concerns please call School Security on 1300 880 021.

I'd like to wish you all a very Merry Christmas and a safe and happy holiday and we look forward to seeing you all safely back again in 2018 for another successful year.

Until next time...

Daniela Frasca, Principal



20 HIGH STREET, CANTERBURY NSW 2193 PHONE: 9789 5255 FAX: 9718 8006

EMAIL: CANTERBURS.P.SCHOOL@DET.NSW.EDU.AU

WEBSITE: WWW.CANTERBURS.P.SCHOOLS.NSW.EDU.AU



“THINK OF OTHERS”

End of Year Picnic - Clontarf Beach



Ethics Teachers Needed

Calling for Ethics teachers!

We are delighted to be able to provide ethics classes for all stages at Canterbury South Public School however in order to be able to continue the momentum we need more volunteers for next year.

Ethics teachers need to undertake a two day training course and be available for half an hour on Thursday mornings between 9 and 10.

If you are interested in learning more about how the program works please contact Canterbury South Public School Ethics Coordinator, Annabel Davis, on 0402 940 661 or annabeldavis@icloud.com

Leaving students

If your child/children are leaving Canterbury South at the end of the year please ensure you advise the Office in writing.

Canteen

The canteen will not open after school on Friday 15 December with limited items available due to end of year.

There will be no specials, all orders must be from the full menu.

Taking enrolments for 2018

We are currently taking enrolments for all students as well as students starting Kindergarten in 2018.

If you have neighbours who are in area for Canterbury South PS, who have a child turning 5 before the end of June 2018 please encourage them to enrol now



The Parents Jury

The Parents Jury is a web-based network of parents who are trying to improve the food and physical activity environments for children in Australia. The Parents Jury is currently advocating for junk food free advertising during children's TV programs and confectionery free supermarket checkouts. Members receive regular emails with links to current articles and are encouraged to add their opinions on issues that can effect families nutrition and activity levels. To find out more go to www.parentsjury.org.au

Heart smart

Here are some healthy heart food tips:

- use margarine spreads instead of butter
- choose reduced-fat milk (2% fat or less) for children two years and over
- have fish at least twice a week
- snack on fresh fruit
- don't add salt to cooking or at the table
- enjoy a variety of foods especially fruits, vegetables, breads and cereals.

Keep food cool

Sandwiches can be frozen for up to a week and, if removed from the freezer in the morning, will thaw by lunchtime. Some nutritious sandwiches to freeze include those with fillings of cooked meats, baked beans, eggs, fish and cheese. Most fresh vegetables do not freeze well so put them on the sandwich when it's packed in the lunch box.

Kids love rewards

Praise healthy habits. This may be snacking on fruit, drinking water and being active. Use treats like stickers, special games and outings, hugs and praise. Avoid using food as a reward.

Dairy foods are important for strong bones and teeth.

The Australian Guide to Healthy Eating recommends children eat 2-3 serves of dairy foods, such as milk, cheese or yoghurt each day.

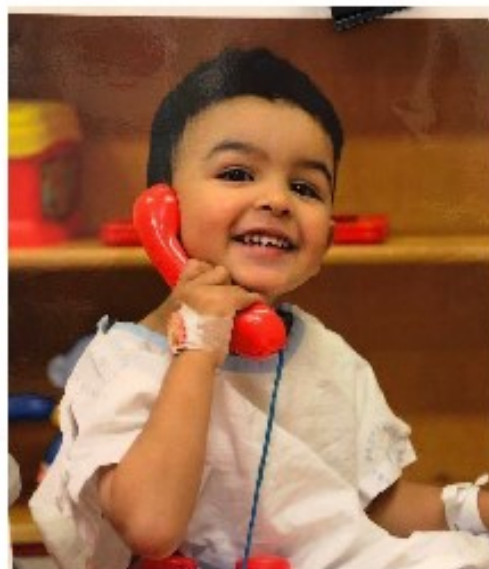


SRC VOICE Newsletter

2017 wrap up

The SRC would like to thank all members of the Canterbury South PS community for continuously supporting charities that are important to us.

This year, with your help we have increased awareness of many important issues and raised funds to help children and families in need of resources.



Reverse Christmas Tree

Thank you to everyone who donated books and toys for the Smith Family Toy and Book Appeal. Your gifts will support and help disadvantaged families and put a smile on their child's face this Christmas.

Thank you!



Merry Christmas and Happy New Year!

From the SRC Team.





Bringing together parents, carers and citizens to promote the interest of our school and students!

Dear Families,

As the year comes to a close we would like to **thank everyone** who has come along to lend a hand at a P&C event this year and our school staff who enthusiastically support us along the way.

This year our P&C has emphasised our role as a **community building** organisation while supporting our school and students with the funds for extra resources as needed.

It is with this in mind I share what the 2017 P&C has meant to us. Through social and fun events we hope to have provided a sense of community and wellbeing for our families, some balance in our very busy lives and curriculums, while raising some funds along the way.

We invite you all to come along to a meeting, have a chat in the playground or get involved in 2018, doing so has given us a greater insight into the inner workings of our kids' education and an extra sense of purpose within our community.

Yes, we are looking forward to new school but this will be a lengthy process & in the meantime P&C will be working with our school to support **student experience**. **Seed Harvest Spoon** and our new **Wellbeing program** were recently identified at Coffee and Chat so we look forward to discussing this further at our first 2018 meeting.

Happy Holidays everyone!

P&C Team



Upcoming Events – Term 4

December 15

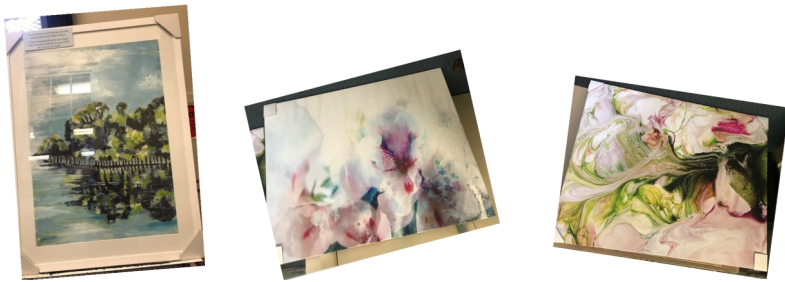
End of Year Raffle



End of Year Picnic

Our P&C were proud to support the students and teachers this year at Clontarf beach. A great spread of **cold fruit and frozen juice cups** was had by the kids! Along with coffee and crudité for teachers. It was an amazing day and we appreciate all the “please”s and “thank you”s from the children as they enjoyed their cool treats.





Tickets still available for our end of year raffle...the prizes are amazing!

First Prize: Gavin Poidevin artwork

Second Prize: 2 weekend nights (or 3 midweek) at **Wollongong Leisure Resort**

Third Prize: **Aurea designs** voucher valued at \$250 + **Glasshouse** pack

But that's not all! There will be other prize packs including:

- ❖❖ **Laser Siege** Deluxe party package for 10 players valued at \$340
- ❖❖ 2 x Vacation Care vouchers for **Primary OSCH Care** valued at \$55 each
- ❖❖ 2 x Large Art prints from **United Interiors** each valued at \$359 each
- ❖❖ 1 Signed **Bulldogs** Josh Morris Game Jersey & 2 x team signed hats donated by **M&J Chickens**
- ❖❖ Dirty Dozen Brewery tour and tasting for 12 @ **Young Henrys** worth \$480
- ❖❖ Hand crafted quilt donated by **Glenda Poidevin**
- ❖❖ **Glow Worm Bicycles** Micro Red Scooter valued at \$169
- ❖❖ 1 week vacation care **Blue Fit Hurstville Aquatic Centre** Valued at \$269
- ❖❖ Holiday Workshop with **Australian Theatre for Young People**
- ❖❖ 5 day Holiday Drama Workshop from **Imagination Theatre** valued at \$320
- ❖❖ **Jack's Meats, Helena's Day Spa, Captain Cook Cruises, Taronga Zoo, Canterbury Ice Skating, BA Hopstik, Krispy Kreme** vouchers
- ❖❖ Water cooler, large picture frame, Royal Daulton Wine and Champagne glasses, Russell Hobbs Toaster, digital photo frame with alarm clock...



P&C Meeting

We look forward to welcoming new parents to join our wonderful P&C Executive team in 2018. Could this be you? If interested, please contact P&C below.

How to contact P&C

We welcome feedback and ideas from parents. There are a number of ways to get in touch with your local P&C team. You can either:

- Come along to a **regular P&C Meeting** which are hosted during the day and evenings to accommodate all busy parents.
- Contact us **via email** at csps.pandc@gmail.com.
- Submit your feedback via hard copy and leave it in the **P&C box** located in the school office.

FREE BUS TO BEACH

The City of Canterbury Bankstown is providing free buses to Cronulla Beach for young people and their parents/guardians on the following days:

Tuesday 9 January 2018
Thursday 11 January 2018

Tuesday 16 January 2018
Thursday 18 January 2018

BUS 1 AND 2

9AM

The Roundabout Youth Centre,
corner of Helen Street and
Carlingford Road, Sefton

BUS 3 AND 4

Panania Railway Station,
Panania on Weston Street side

BUS 5 AND 6

Belmore Youth Resource Centre,
3/38-40 Redman Parade, Belmore

9.15AM

Greenacre Senior Citizen Centre,
202 Waterloo Road, Greenacre

Revesby Railway Station,
Revesby on Blamey Street side

Riverwood Community Centre,
151 Belmore Road North,
Riverwood

9.30AM

69 The Mall, Bankstown
(Adjacent to Paul Keating Park,
opposite Lincraft)

Padstow Railway Station,
Padstow on Howard Road side

All buses depart Cronulla Beach at 3pm SHARP and return to the pick-up points as above. Bookings are not required; the program operates on a "first come, first served" basis.

All passengers must comply with the conditions and warnings, which can be found at cb.city/bustobeach or by calling 9707 9605.





REGISTER YOUR INTEREST NOW FOR SYDNEY YOUTH ORCHESTRAS' WEEK-LONG OPEN MUSIC PROGRAM.

Young aspiring musicians are placed in large ensembles which match their abilities and extend their skills - come along for a unique opportunity to make friends and have fun.

A wonderful experience for young musicians of all ages. My son looks forward to it every year. He comes away very inspired and very happy having made some new friends who love music as much as he does. Thank you so much!"

DAILY PROGRAM INCLUDES

Choir workshop for all participants, large ensemble rehearsals, instrumental tutorials, sectional preparation, master classes, music learning games, optional theory class and HSC preparation.

REGISTER ONLINE AT SYO.COM.AU



**SYDNEY
YOUTH
ORCHESTRAS**

LIKE US FOR MORE INFO & UPDATES



SydneyYouthOrchestras



SYOrchestras

Registrations close Monday 11 December 17



Build your own iPhone app these school holidays!

More than 27,000 Australian
Kids have loved Code Camp.



Book now at:

www.codecamp.com.au

Give us a call on:

1300 263 322

There are over 100 locations around Australia to choose from

Fun Group Music Keyboard Class At School

Enrolment for Term 3

GREAT SONGS MUSICAL FUN MUSIC THEORY

**Enrol to
start
Term 3**

- ♪ K - 6 welcome
- ♪ Convenient at-school venue
- ♪ Small group - 45 min weekly lesson
- ♪ Competitive rate - \$27 per session
- ♪ Limited vacancy!



Smart Kids Love Music!

Call **9411 3122**
or visit our website to enrol

VIP Music est. 1984

www.learnmusicatschool.com.au

Flip Out Party Packages

THE GREEN MACHINE

Includes

- **Duration:** 1.5 hours
- **Guests:** 10 people (including birthday child)
- **Private Party Room:** with balloons & table settings
- **Party Host:** for the duration of the party
- **Trampoline Time:** 1 hour

Package Price:

\$340

Refuel & Rehydrate

- **Party Food:** Chips and lollies
- **Unlimited Drinks:** water & cordial
- **Pizza:** 3 pizzas – 8 slices per pizza

The Cake

- **Ice-cream Cake:** Original

For The Birthday Child

- **Gift Voucher:** 1 x complementary gift voucher for birthday child
- **Arm band:** 1 x complementary arm band for birthday child
- **Additional Party guests:** \$30.00 per person



SILICON BANDS



PARTY EXTRAS

- **Bounce Board Hire** \$10 per board
- **Lolly Bags** \$4 or \$6 each
- **Extra hour Jump** \$11 p/p
- **Flip Out Arm Band** \$2 per band
- **Flip Out Grip Socks** \$3.50 per pair
- **Flip Out Hat** \$10 per hat



THE KING OF THE CASTLE

Includes

- **Duration:** 2 hours
- **Guests:** 20 people (including birthday child)
- **Party Area- Mezzanine:** balloons & table settings
- **Party Host:** for the duration of the party
- **Trampoline Time:** 1 hour & 15 minutes

Package Price:

\$580

Refuel & Rehydrate

- **Party Food:** Chips and lollies
- **Unlimited Drinks:** water & cordial
- **Pizza:** 6 pizzas – 8 slices per pizza

The Cake

- **Ice-cream Cake:** Original

For The Birthday Child

- **Bounce Board Hire** 1 x complementary bounce board hire
- **Gift Voucher:** 1 x complementary gift voucher for birthday child
- **Arm band:** 1 x complementary arm band for birthday child
- **Additional Party guests:** \$25.00 per person



GET EVEN MORE

6:00pm – Close
Summer nights have never been so much fun, Flippin' Out to AWESOME beats Friday or Saturday Nights...



PARTY DURING MON – FRI*

SAVE \$40

*NOT VALID DURING PUBLIC OR SCHOOL HOLIDAYS

PARTY DURING MON – FRI*

SAVE \$100

*NOT VALID DURING PUBLIC OR SCHOOL HOLIDAYS

CATERING

REFUEL

- **Pizzas:** \$15 per pizza – 8 slices
 - Pepperoni
 - Cheese
 - Hawaiian
 - Margarita
 - Vegetarian
 - BBQ Meat
 - Super Supreme
 - Ham & Cheese
- **Wrap Platter:** \$80 – 60 pieces
 - Mixed
 - Vegetarian
- **Fruit Platter:** \$80 – 3kgs of Seasonal Fruit
- **Sandwich Platter:** \$65 – 48 pieces
 - Mixed
 - Vegetarian
- **Ice-Cream Cake:** \$20 per cake
 - Original

REHYDRATE

- **Cafe:** Rehydrate and refuel up stairs at our cafe
- **Complementary Reserved Table:** When these options are pre-ordered with us

TO MAKE A BOOKING

Step 1: Choose your date & Time.

Step 2: Select your party package and add on such as dodge ball, Bounce board hire, microhandise/party favours

Step 3: Do you want additional catering? – Reserved seating in the onfc is available for any additional catering for adults of parties.

Step 4: Contact us in store, email: punchbowl@flipout.net.au or via phone (02) 9708 0380 to secure your booking. A 50% deposit is required upon booking

Step 5: Start inviting your friends and family and get ready to FLIP OUT with us!

Please Note: Food and drinks must be purchased from Flip Out. When a birthday party is scheduled only a birthday cake and lolly bags to be taken away can be brought from outside.

Catering Orders from our REFUEL options are to be placed by the Tuesday prior to your booking. After this date catered options cannot be supplied.

All participants need to complete a waiver form prior to jumping. Participants under the age of 18 require a guardian present whilst participating on the trampolines. Socks must be worn in trampoline areas. Grip socks are preferred.

Weekday discount only applies during school terms. During school holidays and public holidays no discounts apply.

Minimum 7 days notice is required for cancellation of party booking; otherwise 50% cancellation fee will occur.



THE ULTIMATE FLIP
OUT EXPERIENCE

AWARD WINNERS

**** Please note: The award winners received their awards at the assembly on Friday 8 December.**



Serina A - **2T**
Roman K, Chloe N - **3/4M**
Samson S - **3/4S**
Laura F, Shila N, Metuakore Jnr TU - **6J**



Liam G - **KA**
Abigail HG, Jasmine K, Anisia K, Dua M, Ethan S, Tiamarni V - **KB**
Charlotte C, Bobo EM, Samuel M, Shital N - **KD**
Ziggy D, Mariella L, Parys M - **1G**
Demi A, George MChristian T - **1SP**
Jayden L - **2L**
Illiana B, Lam L - **2T**
Malakai H - **3/4M**
Teevi B - **3/4S**



Mandukhai E, Gabirel C, Peter E, Ayane K, Alex S- **KD**
Sienna H - **KB**
Lolopua T - **2T**



Liana C, Chelsea S - **KA**
Asher B, Clara C, Olive N, Hugo SN - **KD**
Georgia C - **1SP**