

CSPS CHATTERBOX

“THINK OF OTHERS”

Wednesday 15 November 2017, Term 4 - Week 6

Dates to Remember:

November

- 22 P&C morning meeting
- 24 Yr 6 Fun Day
- 27 Swim Scheme begins

December

- 1 Coffee & Chat
- 6 Presentation Day - CHP RSL
- 7 Thank you Morning Tea
- 8 Carols night
- 12 End of Year Picnic
- 13 Yr 6 Formal and
- 15 Last Day 2017

Message from the Principal

PUBLIC EDUCATION AWARD

Last week Ms Rose Martin our School Administration Manager and Mrs Daniela Morrison our School Administration Officer received their awards at the Strathfield / Canterbury Principal's Network Award Evening. It was a lovely evening where many worthy recipients received their awards for their outstanding contribution to Public Education and especially to Canterbury South Public School. We are so very lucky to have an amazing SASS team. Congratulations!!!



BANKSIA ROAD

I know you are all aware of the tragic circumstances that occurred at Banksia Road Public School last Tuesday morning. We are all still in deep shock over this incident. What started out as a happy Spring morning turned to devastation and then terrible sadness, with news of the loss of two Year 3 boys.

In the face of the sudden and shocking destruction it is a timely reminder for parents in our community that the Staff carpark is **out of bounds** AT ALL TIMES for both vehicle and pedestrian access. This means that parents ARE NOT to walk their children to and from classrooms in the mornings and afternoons via the carpark. Please use the footpaths throughout the school.

I am still astounded at the number of parents that are still parking illegally in France Street, putting our children at risk. I will continue to call the Rangers in order to ensure we never suffer the heartbreak and tragic loss like that of our neighbouring community.

Until next time...

Daniela Frasca, Principal

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“THINK OF OTHERS”

Watson Christmas/New Year Card Competition

Each year CSPS students are given the opportunity to submit a picture for the Watson Christmas/New Year card competition. The winning picture is printed on cards that are used for Christmas cards by our local member Mr Toy Bourke.

This year our school was again lucky enough to have one of our students win but we also had three other finalists.

Congratulation to Jake K who was the lucky winner. His drawing will be printed on Mr Bourke's Christmas cards.

Congratulation to the finalists, Max C, Clara S, Olivia T who will have their drawings displayed in Tony Bourke's Roselands office until 1 Feb 2018.

Jake, Max, Olivia and Clara will be presented their prizes at a Morning Tea hosted by Chullora Public School next Friday 24 November.

Music—Count Us In

On Thursday 2 November, CSPS came together to celebrate the joy of music. Parents, teachers and friends joined to sing the **same song** at the **same time** with half a million other students across Australia!

The amazing song for 2017 called "Shine Together" was written by a NSW Public School student.



Evacuation Drill

Today CSPS students participated in an Evacuation Drill. This is a Department WHS requirement and must be completed each term.

Students gathered with their class teachers and moved to the Evacuation point quickly and quietly. Well done everyone!

Interrelate

Our stage 3 students took are currently taking part in personal health and development programs with Interrelate. Students have been learning how to increase an awareness of personal safety and behaviours whilst also developing an understanding of physical changes that will occur as they grow. Our 4/5M students who took part in the program last week were held in high regard by their teacher who gave positive feedback about the maturity and respectful nature of students at Canterbury South Public School. 6J will complete their program over the next two days.

We also held a family evening workshop for students in years 3-6 to complement the information provided in class. The families who attended responded positively to the experience and expressed interest in holding similar sessions in the future.

The CSPS Reverse Christmas Tree Appeal

What is a Reverse Christmas Tree?

This is when students or their families bring a present to put under a tree instead of receiving a gift from under the tree.

Where will the gifts be donated?

This Christmas we would like to give back to the community by being involved in The Smith Family Toy & Book Appeal. Please help us to support and help disadvantaged families and put a smile on their child's face this Christmas.

How can we do this?

We are kindly asking CSPS families to bring in a wrapped and labelled BOY or GIRL gift of a new toy or book **ANYTIME BEFORE Carols night** on 8 DECEMBER - Place it under the Reverse Christmas tree located in the Office

ON CAROLS NIGHT- Place your gift under the Reverse Christmas tree on Mana Ngurang.

News from the Library

A friendly reminder to our students and their families to return all Canterbury South Public School Library books this week. Borrowing for the school year has ceased in order to complete our 2017 stocktake. Students with overdue loans will be issued with a final overdue notice that will contain details of payments required for missing loans.

Taking enrolments for 2018

We are currently taking enrolments for all students as well as students starting Kindergarten in 2018.

If you have neighbours who are in area for Canterbury South PS, who have a child turning 5 before the end of June 2018 please encourage them to enrol now.

Swimming Scheme

Just a reminder the Swim Scheme will be on Monday 27 November for 5 days. If you have not paid in full, please do so by **Monday 20 November**.

Gymnastics

This term years 1 to 5 have participated in a free gymnastics program funded by a government grant. All students enjoyed these sessions and developed fundamental gymnastic skills.



Water

Tap water makes the best drink!

Not only is it thirst quenching, but also contains fluoride which helps make teeth stronger. Here's what water has to offer:

- it is cheap and readily available
- it doesn't contain any kilojoules or sugar
- it encourages optimal function of the body

We should all aim to drink between five to eight cups of water a day. In the warmer months it is important to keep well hydrated. Always have water available when children are active. Encourage them to drink water regularly, even in cooler months.

Milk

Milk is a good source of calcium, which gives children healthy bones and teeth. It is recommended that children have three serves of calcium rich foods a day. A glass of milk, a slice of cheese or a small tub of yoghurt, are each considered one serve.

Due to the high energy needs of babies and toddlers, reduced-fat milk is not suitable for children aged less than two years. However, from the age of two years, drinking too much milk can reduce a child's appetite and contribute to excess energy consumption. Therefore reduced-fat milk is recommended for children two years and over.

Fruit juices

Many people think fruit juice is a healthy option. While fruit juice contains some vitamins, they lack fibre, antioxidants and other nutrients found in fruit. Fruit juices are high in sugar and energy, often containing similar quantities of sugar found in soft drink. Drinking large amounts can lead to tooth decay and excess energy consumption. Here are some things to consider if choosing juice:

- Limit fruit juices to no more than half a glass per day.
- Too much juice can lead to diarrhoea.
- Consider diluting juice 50:50 with water to reduce the number of kilojoules whilst still enjoying the taste of juice.
- It is easy to drink too much juice. One popper of juice is equal in energy to two pieces of fruit.
- Consider eating a piece of fruit instead. Whole pieces of fruit and veggies haveamins, minerals, antioxidants and fibre, some of which are protective factors against some cancers and heart disease.



Bringing together parents, carers and citizens to promote the interest of our school and students!

Dear Families,

It's hard to believe we are approaching the end of 2017. What a great year it has been packed with so many fun activities.

For those of you who can make our next **P&C meeting**, it will be held in the morning on **Wednesday, 22 November**. This is our last meeting for the year and we thank every one of our parents who have attended and contributed to our range of school discussions. A reminder that 2018 brings an opportunity for parents to join our **P&C Executive team**. Joining the team is a great way to keep informed, contribute to the quality education of your children and make new friends. You also get the opportunity to learn new skills and gain a better understanding of how the school operates. Please do get in touch if interested on what promises to be a rewarding role.

A reminder that the **year-end raffle tickets** are on sale soon. Make sure to look out for the note on how to purchase your tickets to win some fantastic gifts. Also don't forget to save the date for our fantastic school Christmas carols on **8 December**.

Have a great week everyone.

P&C Team



Upcoming Events – Term 4

November 22

Day P&C Meeting

December 8

Christmas carols

December 15

End of Year Raffle



End of Year Raffle tickets on sale soon!

P&C have already collected some fantastic prizes and gifts for the upcoming year-end raffle. If you do have any prizes to donate, please see Naz or contact P&C below. Your donations are greatly appreciated!

Christmas celebrations: Join our school Carols on 8 December



Get ready for our Christmas carols and join us for this special evening. This is a night off for our parents and carers where you can sit back and listen to the voices of our beautiful children. There will be woodfired pizza, ice cream and drinks all outsourced and ready to serve you. Hope you can join us!!!

How to contact P&C

We welcome feedback and ideas from parents. There are a number of ways to get in touch with your local P&C team. You can either:

- Come along to a **regular P&C Meeting** which are hosted during the day and evenings to accommodate all busy parents.
- Contact us **via email** at csps.pandc@gmail.com.
- Submit your feedback via hard copy and leave it in the **P&C box** located in the school office.



Upcoming P&C Meeting

Our final P&C meeting for the year will be held on **Wednesday, 22 November at 09:30am**. Come along and join us!

We are also welcoming new parents to join our wonderful P&C Executive team in 2018. Could this be you? If interested, please contact P&C below.

School banking: help needed

Are you available on a Friday morning between 8:20am and 9:20am? Please see Deb, our school banking representative or email Naz to have a chat about becoming our new school banking representative for 2018.

Need to get rid of that spare fridge? It's simple – donate it to P&C. A gentle *call out* to all our parents! This will be greatly appreciated and welcomed!





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- ♪ Competitive rate - \$27 per session
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Flip Out Party Packages

THE GREEN MACHINE

Includes

- Duration: 1.5 hours
- Guests: 10 people (including birthday child)
- Private Party Room: with balloons & table settings
- Party Host: for the duration of the party
- Trampoline Time: 1 hour

Package Price:
\$340

Refuel & Rehydrate

- Party Food: Chips and lollies
- Unlimited Drinks: water & cordial
- Pizza: 3 pizzas - 8 slices per pizza

The Cake

- Ice-cream Cake: Original

For The Birthday Child

- Gift Voucher: 1 x complementary gift voucher for birthday child
- Arm band: 1 x complementary arm band for birthday child
- Additional Party guests: \$30.00 per person



SILICON BANDS



PARTY EXTRAS

- Bounce Board Hire \$10 per board
- Lolly Bags \$4 or \$6 each
- Extra hour Jump \$11 p/p
- Flip Out Arm Band \$2 per band
- Flip Out Grip Socks \$3.50 per pair
- Flip Out Hat \$10 per hat

PARTY DURING MON - FRI*

SAVE \$40

*NOT VALID DURING PUBLIC OR SCHOOL HOLIDAYS

THE KING OF THE CASTLE

Includes

- Duration: 2 hours
- Guests: 20 people (including birthday child)
- Party Area- Mezzanine: balloons & table settings
- Party Host: for the duration of the party
- Trampoline Time: 1 hour & 15 minutes

Package Price:
\$580

Refuel & Rehydrate

- Party Food: Chips and lollies
- Unlimited Drinks: water & cordial
- Pizza: 6 pizzas - 8 slices per pizza

The Cake

- Ice-cream Cake: Original

For The Birthday Child

- Bounce Board Hire 1 x complementary bounce board hire
- Gift Voucher: 1 x complementary gift voucher for birthday child
- Arm band: 1 x complementary arm band for birthday child
- Additional Party guests: \$25.00 per person



GET EVEN MORE

6:00pm - Close
Summer nights have never been so much fun, Flippin' Out to AWESOME beats Friday or Saturday Nights...



PARTY DURING MON - FRI*

SAVE \$100

*NOT VALID DURING PUBLIC OR SCHOOL HOLIDAYS

CATERING

REFUEL

- Pizzas: \$15 per pizza - 8 slices
 - Pepperoni
 - Cheese
 - Hawaiian
 - Margarita
 - Vegetarian
 - BBQ Meat
 - Super Supreme
 - Ham & Cheese
- Wrap Platter: \$80 - 60 pieces
 - Mixed
 - Vegetarian
- Fruit Platter: \$80 - 3kgs of Seasonal Fruit
- Sandwich Platter: \$65 - 48 pieces
 - Mixed
 - Vegetarian
- Ice-Cream Cake: \$20 per cake

REHYDRATE

- Cafe: Rehydrate and refuel up stairs at our cafe
- Complementary Reserved Table: When these options are pre-ordered with us

TO MAKE A BOOKING

- Step 1: Choose your date & Time.
- Step 2: Select your party package and add on such as dodge ball, Bounce board hire, merchandise/party favours
- Step 3: Do you want additional catering? - Reserved seating in the onfc is available for any additional catering for adults of parties.
- Step 4: Contact us in store, email: punchbowl@flipout.net.au or via phone (02) 9708 0380 to secure your booking. A 50% deposit is required upon booking
- Step 5: Start inviting your friends and family and get ready to FLIP OUT with us!

Please Note: Food and drinks must be purchased from Flip Out. When a birthday party is scheduled only a birthday cake and lolly bags to be taken away can be brought from outside.

Catering Orders from our REFUEL options are to be placed by the Tuesday prior to your booking. After this date catered options cannot be supplied.

All participants need to complete a waiver form prior to jumping. Participants under the age of 18 require a guardian present whilst participating on the trampolines. Socks must be worn in trampoline areas. Grip socks are preferred.

Weekday discount only applies during school terms. During school holidays and public holidays no discounts apply.

Minimum 7 days notice is required for cancellation of party booking; otherwise 50% cancellation fee will occur.



THE ULTIMATE FLIP
OUT EXPERIENCE

AWARD WINNERS



Alana D - **1G**
Shaima I, Gabiel K, Aneira Mansell - **1SP**
Marlie HG - **2T**
Chrysaphia S - **3/4M**
Hayato K, Jeremy O - **3/4S**
Elliana B, Madison F - **4/5M**
Barbara A, Poura F, Leilani K - **6J**



Faiza RM - **KA**
Mandukhai E- **KD**
Erietta H - **1SP**
Lucie C, Amelia K, Mia Y - **2L**
Rosie M, Sofia R - **2T**
Aleesa A, Riyadh A, Max C, Frank J, Summer K, Sione M - **3/4S**
Mia G, Tori H - **4/5M**
Alexes AI, Thea M - **6J**



Clara C, Ella S - **KA**
Tilly H - **KB**
Mandukhai E, Emma W - **KD**
Nathan P - **2L**
Jake B, Tevita L - **2T**
Arvis A- **1SP**



Zoe F - **KA**
Taylen K - **2L**
Mia AI - **3/4J**
Danny S - **3/4S**