

CSPS CHATTERBOX

“THINK OF OTHERS”

Friday 9 September 2016, Term 3 - Week 8

Dates to Remember:

September

- 9** Coffee & Chat
- 9** Whole School Assembly
- 12** Winter Sports Gala Day
- 12** Canterbury Tales - Tickets go on sale
- 13** Ukulele lessons
- 12-23** Swimming Scheme
- 14** Kindergarten Transition Day 3
- 15** Kindergarten Farm Excursion
- 19** Soccer Gala Day
- 21-23** Stage 3 camp
- 22** Rewards Day
- 23** Whole School Assembly
- 23** Last Day Term 3

Message from the Principal

COMBINED SCHOOLS CHOIR MUSIC FESTIVAL

Last Tuesday 30 August 80 students represented CSPS at The Combined Public Schools Music Festival at the Bankstown Sports Club. They were joined by Narwee PS, Riverwood PS, Kingsgrove PS and McCallums Hill PS for night 2. The massive combined choir sang a variety of songs, beautifully and in harmony. This was followed by a stunning performance by CSPS. Mrs Michos' K-2 dance group performed an energetic dance in perfect time to *Do your Thing*. The students looked fabulous in their colourful costumes. The K-2 dance was followed by a wonderful performance from Mrs Bodell's 3-6 dance group who danced to *Move it*. The awesome lightshow was a spectacle. The night was a huge success one that both parents and I are extremely proud of. Congratulations to all the students who performed and especially to the teachers Mrs Michos, Mrs Bodell and Mrs Mudaliar for their commitment, enthusiasm and leadership. We look forward to participating in future festivals where we can showcase the wonderful talents of our students.

KINDERGARTEN TRANSITION

Two of our successful Kindergarten Transition days have been held to date. During this time we have been able to welcome new families and existing families into our school. What an exciting time for everyone. Parents have been given a tour of the school and have attended various information sessions. Thank you to all our guest speakers who have taken the time to come along and share important information with our new families.

Although our transition program for 2016 is coming to an end we are still taking Kindergarten enrolments for 2017. If you have a pre-schooler who turns 5 before 31 July 2017 you are eligible to enrol him/her for Kindergarten. If you know of anyone in the local area who has a pre-schooler please feel free to recommend Canterbury South PS to them. Call into the office to collect an enrolment form if you need one.



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“THINK OF OTHERS”

APPROACHING CHILDREN IN SCHOOL - REPEAT ITEM

Following another incident where a parent has approached a child, it seems appropriate to remind all parents of the correct way to approach the school. I have had conversations with a number of parents over the last few weeks and those parents have been able to communicate their concerns which we have followed up. A parent and community guide for seeking information and expressing concerns follows.

Occasionally parents or other members of the school community may need to approach the school to:

- discuss the progress or welfare of your own child
- express concern about actions of other students
- enquire about school policy or practice
- express concern about actions of staff members.

It is therefore necessary to have procedures that will help solve problems as soon as possible so that a safe and harmonious school environment is maintained. The best results usually flow from working together.

These guidelines aim to:

- provide a guide in order that concerns are dealt with in an open and fair manner
- ensure that the rights of students, teachers and parents are respected and upheld
- support sensitivity and confidentiality
- help reach an agreed solution.

Sometimes concerns may cause frustration and anxiety. At such times it is always important to organise a time to talk with school staff in an unhurried and confidential atmosphere.

Parents can:

- directly contact the child's teacher either by note, by phone or in person to arrange a suitable time to discuss any issues.
- for more serious concerns, contact the office. State the nature of your concern and arrange a suitable time to talk with the appropriate staff member.
- contact the principal for other problems.

In very rare cases, where people wishing to express concerns, do so in an aggressive, threatening or violent manner, the principal (or nominee) has the legal authority under the 'Enclosed Lands Act' to:

- direct the person to immediately leave the grounds
- call the police to remove the person should he/she refuse
- withdraw future permission (by letter) for the person to enter the grounds without permission of the principal
- seek further legal avenues.

TELL THEM FROM ME

Tell Them From Me parent survey has been extended to Friday 21 October 2016. The survey asks you, our parents and carers, questions about different factors that are known to impact on student wellbeing and engagement. By completing this survey you have an opportunity to tell us your perspectives on your child's/children's experience at school. If you have not already done so, please go to the link that is available via the school app under the tab "links" Participating in the survey is voluntary, however, your responses are very much appreciated.

Every year on 8th September is **R U OK? Day**.

The truth is, some conversations are just too hard to have. If you are worried about someone and feel support is needed, contact the agencies below.



TEL: 131114

<https://www.lifeline.org.au/>



TEL: 1800 55 1800

<https://kidshelpline.com.au/>

ARE YOU AN EFFECTIVE DIGITAL PARENT

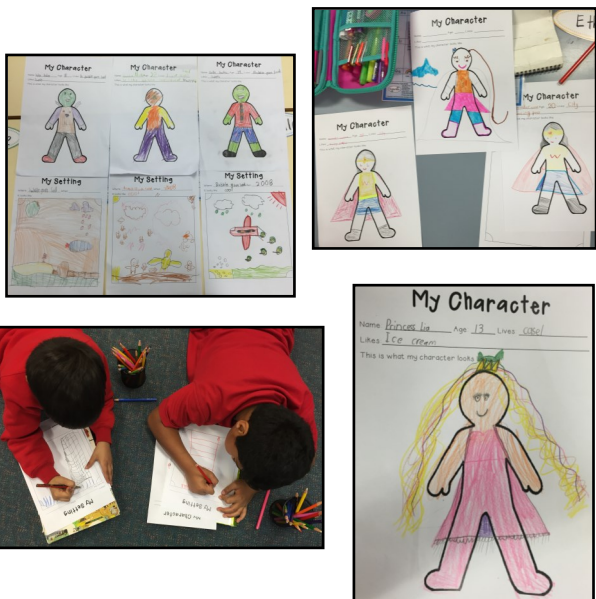
Mina Danon-Baird spoke to Stage 3 students and parents at an evening session about cyber Safety and being effective online digital users. Thank you to all who attended. We hope it was beneficial and informative. Please see the attached for simple tips on being an effective digital parent. Congratulations to Michael Karadjis who was the lucky door prize winner of the Samsung tablet.

Until next time.... ***Daniela Frasca, Principal***

Imaginative Writing in 2L

2L have been working very hard this term and our focus for the past few weeks has been on imaginative writing. We have been learning all about narratives and the important elements that make an amazing story.

We have been focussing on the importance of characters and settings in narratives and have had so much fun designing characters and settings for our narratives. Have a look at some of our work!



Canterbury Tales Tickets

A note and email was sent home this week about how to purchase tickets for Canterbury Tales. Tickets go on sale Monday 12 September with a limit of four (4) tickets per family to ensure all families have an opportunity to attend the performance.

There were some parents who raised concern about the ticket price of \$15.00. These funds will cover expenses of the production, including sound, lighting, some costumes, props, hire of seating and ticketing agency fees. All surplus funds raised will be used to fund future CAPA events at CSPS.

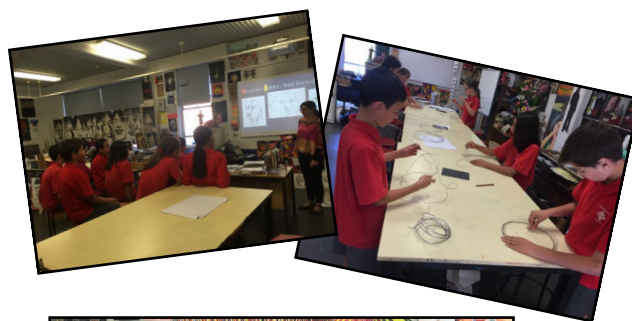
Canterbury Tales Production - call for community help

Canterbury South students and staff need the communities support and expertise. In Term 4, 2016 Canterbury South students will be performing a fairy tale production 'The Canterbury Tales'. We are looking for parents/ carers that can help us with carpentry, videography, photography, sewing ability, prop making and makeup.

On Wednesday 14th September Teachers will be making props/costumes for the production. We would like to invite any parents who would like to come along and join us from 3:30pm-6:30pm. Please notify Mrs Michos or your class teacher.

Dulwich Hill High School Workshops

On Wednesday 6 September Mrs Mills accompanied nine Year 5 students to Dulwich High School of Visual Arts and Design for a high school experience workshop. The students were given a brief lesson on artist Alexander Calder and then provided with opportunities to sketch with oil pastels, paint with ink as well as design a 3D sculpture made from wire. Feedback received from all the students was very positive.



Public Speaking

Our Public Speaking finals were held in the Library on Thursday 1 September. Each year, our school continues to improve in Public Speaking, so much so, that teacher's struggled to choose just two students from their classes to enter the finals.

Our adjudicator, Mr Nathan McKinley, Head of English at Canterbury Boys High School, was impressed and overwhelmed by the sophisticated content and the overall high level of presentation. The subjects were varied; from Bullying and Human Extinction, Natural Events to Elliana B's very moving speech on The Past.

Finally, the following students were chosen as winners, and will move on to the Network Finals at Canterbury Public School on Wednesday 19 October:

Lara P - Stage 3

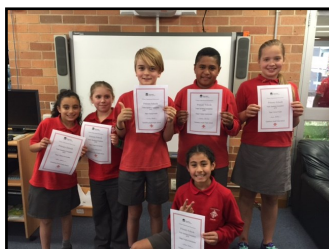
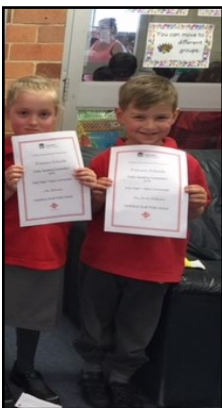
Simeon W- Stage 2

Poppy C - Stage 1

Mariella L - Early Stage 1

Congratulations to our other competitors;

Sofia V, Mia G, Grace M, George K, Olivia T, Elliana B, Sabrina R, Leilani K, Yesmien S, Jemesa N, Tobias P, Jake B, Beatrice S, Elizabeth T, Chloe C-J, Gabriella B, Ethan K, Georgia S, Alice B-D, Lyria DS A, Milly G, Tom B-D, Zoe P, Georgia C, Lucas C



Fresh fruit and vegetables – the green food

Fresh fruit and vegetables are not only good for your health, but they are also good for the planet. Fruits and vegetables come in their own environmentally friendly packaging. Fruit or vegetable scraps can also be composted or used in a worm farm. You can also help the environment by choosing produce without foam trays or plastic containers.

Selecting delicious fresh produce

Here are some tips on choosing the best fresh fruit and vegetables for taste and storage:

- ◆ select fruit and vegetables that feel firm, smell nice and look fresh
 - ◆ small or medium size fruit make good choices for children
 - ◆ choose vegetables that snap rather than bend
- avoid any fruit or vegetables that are limp, split or feel spongy.



Why eat fruit and veg everyday?

Fruits and vegetables are high in vitamins, minerals and dietary fibre, as well as being rich in antioxidants. Research shows that people who eat adequate amounts of fruits and vegetables everyday can help prevent:

- ◆ coronary heart disease
- ◆ some forms of cancer
- ◆ overweight and obesity
- ◆ constipation
- ◆ high blood pressure and blood cholesterol levels
- ◆ help improve control of diabetes.



Aim to eat fruit and vegetables everyday - the greater the variety, the better health benefits.



SRC VOICE Newsletter

PAST EVENTS

GREEN DAY

For Zac

Thank you to everyone for remembering our friend Zac and bringing in a gold coin donation.

We raised \$370.00 for the Randwick Children's Hospital Cancer Ward.

SRC Book Swap

We hope you enjoyed our SRC Book Swap. We had many students who took part to help celebrate and promote a love of reading. We hope you like your new books.

NEW EVENTS

Nude Food Day

When? Friday 16 September
Week 9

Where? At School

What? Bring your crunch & sip, recess & lunch without any wrapping.

Why? To help care for our environmental by reducing rubbish!



This is our newsletter to let everyone know what the SRC members are doing at C.S.P.S.





eSafetyNet
Mira Danon
BA DipEd MEd (University of Sydney)
PHONE: 0455 688 868
EMAIL: mira@cyburbia.com.au

Protect privacy. Manage reputation. Engage safely. Be responsible. Understand risk. Take control.

Get devices out of bedrooms overnight:

Most children report that online harassment happens outside of school hours. Internet-connected devices and computers for younger children and tweens should not be used in bedrooms, especially not overnight. Keep these devices in areas of your home like the kitchen or family room. This makes supervision of online activities easier and device use more transparent. Research shows that children are more likely to stick to house-rules about internet and device use when activity is located in a public area of the home. They are also more likely to seek just-in-time assistance if a parent or older sibling is physically nearby.

Establish technology agreements: Youth online culture places enormous currency on maintaining online connections with peers. Research shows that children are unlikely to report problems if they face the threat of disconnection as a parental reaction to online problems such as cyberbullying. Disconnection means isolation from online life. Parents and carers should invest time in open communication about technology use, and establish agreements for device and internet use within and outside of the home. Some useful digital parenting tips here: <https://www.fosi.org/good-digital-parenting/seven-steps-good-digital-parenting>.

Cyberbullying: Young people who experience online problems such as cyberbullying or unsolicited contact from strangers, should be shown how to take a screenshot of the material and report to a parent or teacher as soon as possible. Online harassment and cyberbullying can escalate very rapidly, even within the few hours after returning home from school. It is important to collect evidence and report the abuse to the school if it involves other students. Teach your child how to block or restrict someone who is bothering them in apps, on social media and via gaming platforms.

Responding to cyberbullying: Reacting by replying to online harassment and cyberbullying can escalate the problem and make it worse. Deny oxygen to a cyberbully: don't communicate with them further, but keep all the evidence and report it. Children may worry about the consequences of reporting when they go to school the next day and may have to face their tormentor. Explain to children that a cyberbully is someone who assumes strength from hiding behind a screen and even anonymity. This person is not someone who is behaving like a friend. Reporting is the only way to stop ongoing harassment.

Encourage your child to be a responsible bystander: **if you see it, say something!** A bystander has the ability to disempower a bully or cyberbully and can stop the abuse from continuing. Emotional isolation is one of the most critical symptoms in youth mental health resulting from continued online harassment and abuse. Many victims don't report for fear of the abuse continuing. The Kids HelpLine service is a vital community resource for young people requiring immediate help. Callers can remain anonymous, and young people who feel isolated can speak to trained counsellors: <http://www.kidshelp.com.au> Serious, ongoing online harassment and cyberbullying can be reported to the Office of the Children's eSafety Commissioner - esafety.org.gov.au.

Digital Reputation:

Students should be encouraged to check their digital reputation regularly - Google their own name and any pseudonyms they use in social media. They should also set up a Google alert for content posted about them (google.com/alerts). This will help them in the future when applying for jobs or other opportunities such as scholarships etc. A digital footprint is not future-proof unless it is constantly monitored and managed. The longer a user has been active on social media, the higher the risk of a problematic digital footprint.

Manage and check social media security settings:

Do this at least once per term. Take Facebook OUT of Google search in order to provide a level of security from prying eyes (go to 'privacy' in Facebook settings and opt out of search engines connecting with the account). Control contacts in social media. Get rid of unknown contacts who are not verified. Unknown contacts could be identity theft criminals harvesting personal information or other online criminals looking for exploitation opportunities.

Understand your identity assets and stop posting these online:

Explain to children the value of identity assets, and do not post personal information in the profile information of Instagram or other social media which is publicly viewable. Students should not advertise their Kik, Snapchat or Instagram profile name by cross-posting to other sites where a stranger can then use that information to contact the student directly via the app or instant messaging. Almost all cases of unsolicited online contact and exploitation can be traced back to the child posting personal details about themselves in a public online environment. Children can also inadvertently place their families at risk by posting personal information. This is an issue which should be discussed at home, with house-rules established to protect the family's private information.

The law and online life:

Young people should be reminded of accountability for their online behaviours and conduct. In particular, the existing Australian laws which apply to cyberbullying, sexting, photography, recording and filming of others without their consent. People who engage in these online behaviours may be subject to investigation in cases where content is shared for the purposes of deliberate harassment, defamation, abuse or blackmail.

Protect devices:

I strongly recommend users install a security app on their child's Android device to secure the device, filter content and protect from viruses and malware. On the whole, iOS devices (iPhone, iPad, iPod) are relatively safe from malicious software, **except if the device has been jailbroken.**

For Android devices, free and paid apps such as 360 Safe, McAfee, Avast, Kaspersky or K9 provide various levels of protection. K9 is a free app available for both iOS and Android and offers filtering with parental controls. When researching an app, look for features which enable password protected setup, filtering and parental control over the child's device.

K9 - <http://www1.k9webprotection.com/news/highlights>

360Safe - <http://www.360safe.com/mobile-security.html>

Avast - avast.com

Kaspersky - Kaspersky on the Play Store

Online life has a lot to offer children, particularly in relation to learning opportunities. Denying children access to technology doesn't them become responsible digital citizens. Make technology a part of everyday conversations and family life, so that children know you are on their side, allowing them to grow up with the skills they need to manage their online lives, safely and responsibly.

Mira Danon-Baird

From the P&C

Upcoming Term 3 events – save the date!

- Friday 9 September: 2L Afternoon Tea Stall (Week 8)
- Wednesday 21 September: Weekday Bunnings BBQ (Week 10)

Trivia was a smash!

What a fabulous evening! It was a great social event and also an impressive fundraiser. We raised \$3419.35 in profit. This was partly due to the incredibly generous donations – what wonderful prizes there were! Graham Earp (AKA Mr Trivia) certainly lived up to his name and the event ran smoothly thanks to his guidance. We can't wait to get him back for next year, along with the venue...

Big thanks to:

Pazar Food collective

LJ Hooker Canterbury, Dulwich Hill & Marrickville

Gavin Poidevin

Aurea Designs

Captured by Nadia

And also -

Frappe cafe, Hand Made Salon, Pharmacy for Less Lakemba & Burwood, Snap Fitness, Jack's Meats, Coffee & Co, Oiffeurz salon, Money Magazine, Total Hair and Beauty, Earlwood Seafood, Willie the Boatman, Eleni Clothing, Unilever. Marconi Club, Nio's Grille, OSCH, Chrissy's cuts, The Little Cup and Saucer, Gerard Fadel Transport and Ross Graham Motors and GWS Giants & Sydney FC.

And finally, a big thank you for the tireless work of the Trivia Committee comprising Caroline, Maria Tsigaropoulos, Kate Foy, Heather, Trish Fache & Helena

Father's Day Stall

We hosted our Father's Day Stall on Friday 2 September. Despite the torrential deluge, we sold lots of items and we hope everyone enjoyed their gifts. We raised \$1031.10 for the P&C coffers. Thank you to everyone who donated items and/or their time.

Fun Run

We had 50 of our kids bring back their sponsorship form from the Fun Run and raised an awesome \$2749.40!

Our top Fundraisers were:

Georgia KM

Marlie Hayway-Girgis 1G

Max 3/4S

Maria Mota 3/4B

They each received scooters at assembly today.

Our top Lappers were:

Andrew 5/M who ran 19 laps and Shila 5/6M who ran 14 Laps, they received sports ball pack each.

Winners of the Pizza Party were 1SP! Congratulations you raised \$554.40 together- thank you. Notes will go home shortly regarding your pizza party.

Coming Up Wednesday 21 September – Bunnings BBQ

On Wednesday 21 September there will be another team of wonderful volunteers who will be sausage sizzling for all they are worth at our second Ashfield Bunnings BBQ.

We raised \$1694.75 in profit at our recent Sunday BBQ – so it is definitely a great event for the school!

Next meeting

Our next meeting will be in Week 3, Term 4. Stay tuned for confirmation of the date and time.

Contact us

Email: Drop us a line at csps.pandc@gmail.com

Snail mail: Drop us a note in the P&C box, located in the School Office.

Wiggio: For regular updates and information, Wiggio is our online forum where you will find past meeting minutes, the upcoming meeting agenda and provides an easy a way of communicating with the P&C. To join, please email us your name and email address, children and class and we will add you to the list.

Naz (President), Maria and Fiona (Vice-President), Caroline (Treasurer) & Frances (Secretary)

The P&C is proudly supported by:



AWARD WINNERS

BRONZE AWARDS

Nathan P, Sabrina V - 1G
Levon K, Gemma P, Illiana B - 1SP
Connor H, Jasmine W - 2L
Jake AR, Pia Masangkay - 2T
Nicholas C, Gemma G, - 3/4B
Tori H, Aprill K, Jade H, - 3/4C
Elliana B, - 3/4S
Sakopo A, Hitkaran G, Damian K, Amani A - 5/6M

SILVER AWARDS

Erietta H, Henry M - KA
Zoe P, Tom BD, Tash S, Charlie M, Juho B - KD
Samuel F, Leyla B, Tasneem S, Liliana AL, Aldrich M - KM



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CSPS is starting a Community Ukulele Group!

Come along for a relaxed and casual group music lesson and learn to strum a few songs on the Ukulele.

Who can come: K-2 students with a parent or carer
(Students must be accompanied by an adult to attend this class)

What to Bring: A Ukulele!
(Parent & child can share an instrument)
There will be some Ukuleles available for those who do not own one already but ideally this is a BYO instrument lesson.

When: Tuesday Mornings
Week 3, 6, 9
8.30 – 9am

Where: KM

Cost: FREE
This year the class will be run by a parent volunteer. Should the program be successful we will look further into user pay options to continue in 2017.

Ukeleles sponsored by aDanner Pty Ltd

CANTERBURY SOUTH OSHC CENTRE VACATION CARE PROGRAM SEPTEMBER/OCTOBER 2016

e: csoshc@primaryoshcare.com.au ph: 0434 829 822










Dear Parents and Carers,

Please find below our Vacation Care Program for the upcoming school holiday period.

The Centre will be open from 7:00am – 6:00pm each day and breakfast and afternoon tea will be provided as during term time. Children need not be students of Canterbury South Public School to attend. However, a \$20 annual registration fee applies to all families using the service for the first time.

Please complete the Booking Form attached to the program indicating your requirements for Vacation Care, noting that the daily \$55 charge and excursion charges are eligible to be deductible by Childcare Benefit.

An early bird discount of \$10 applies to bookings and payments made before the closure date of Wednesday 7th September 2016.

Wk 1	MONDAY 26 th Sept	TUESDAY 27 th Sept	WEDNESDAY 28 th Sept	THURSDAY 29 th Sept	FRIDAY 30 th Sept
	Excursion Mary Mackillop Park  Join us for a picnic in the park. We will also be playing some sports games after lunch! Depart: 11.00am Return: 2.30pm Travel: Walking	Messy Craft Day  Let's get creative!! Come and join us for a day of messy craft! We will also have outdoor activities and games.	Excursion Reverse Garbage  Today we will be going to Reverse Garbage Marrickville to learn how we can be sustainable! Depart: 9.45am Return: 4.00pm Additional Cost: \$22 Travel: Bus & Walk	Master Chef Challenge Day  Today, children will be in teams and will cook a three course meal. There will be a choice of ingredients including produce from our garden!	Incursion Carnival Day  Natalie, the dance teacher, will be joining us today! We will also have face painting, Plaster Painting, Juggling Lessons, Hula Hooping and much more. Additional Cost: \$16
Wk 2	MONDAY 3 rd Oct	TUESDAY 4 th Oct	WEDNESDAY 5 th Oct	THURSDAY 6 th Oct	FRIDAY 7 th Oct
	PUBLIC HOLIDAY CENTRE CLOSED	Excursion Bankstown Hoyts  Join us for popcorn and a movie at Bankstown Hoyts! We will also have a play in the park before the movie. Depart: 10.30am Return: 3.00pm Additional Cost: \$17 Travel: Train & Walk	Crazy Science Day  Join us for a day of Science fun! We will be doing some awesome science experiments and learning some crazy science facts!	Excursion Dreaming Heritage Tour  We will be heading to the Rocks to meet an Aboriginal Elder who will teach us about the important Indigenous History of the area. Depart: 9.30am Return: 4.00pm Additional Cost: \$20 Travel: Train & Walk	Treasure Hunt Day  Today we will be searching the school for hidden treasure! We will also be making our very own Pirate Ships and other pirate craft!
Wk 3	MONDAY 10 th Oct				
	Term 4 commences				
Please note that the program is subject to change dependent upon enrolment numbers Please ensure children bring a hat and shoes suitable for walking each day. Children will be supervised by staff in Centre at a minimum ratio of 1 to 15 and 1 to 10 on excursions. The anticipated number of children attending each day is approximately 25- for more accurate estimations anticipated numbers of children, please see the daily excursion summary displayed. Completed Risk Assessments relevant to all activities are displayed for your information					

Please collect a booking form from OSHC or the school office to register your child/children.

Imagination Theatre

HOLIDAY FUN

SEPTEMBER 26 - 30



5 - DAY DRAMA WORKSHOP

Come and join us as we create a unique theatre performance!

Canterbury South PS Hall 20 High St Canterbury

SUITABLE 6-12 YRS

Enquiries & Bookings

www.imaginationtheatre.com.au 0425 290 095